

Evolving approaches to harm reduction and addiction

Facilitator: Shaya Nettle

Presenters: Lorraine McGrath and Sam Raven

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Lorraine McGrath

Chief Executive
Simon Community Scotland

MISSION
AUSTRALIA | together
we stand

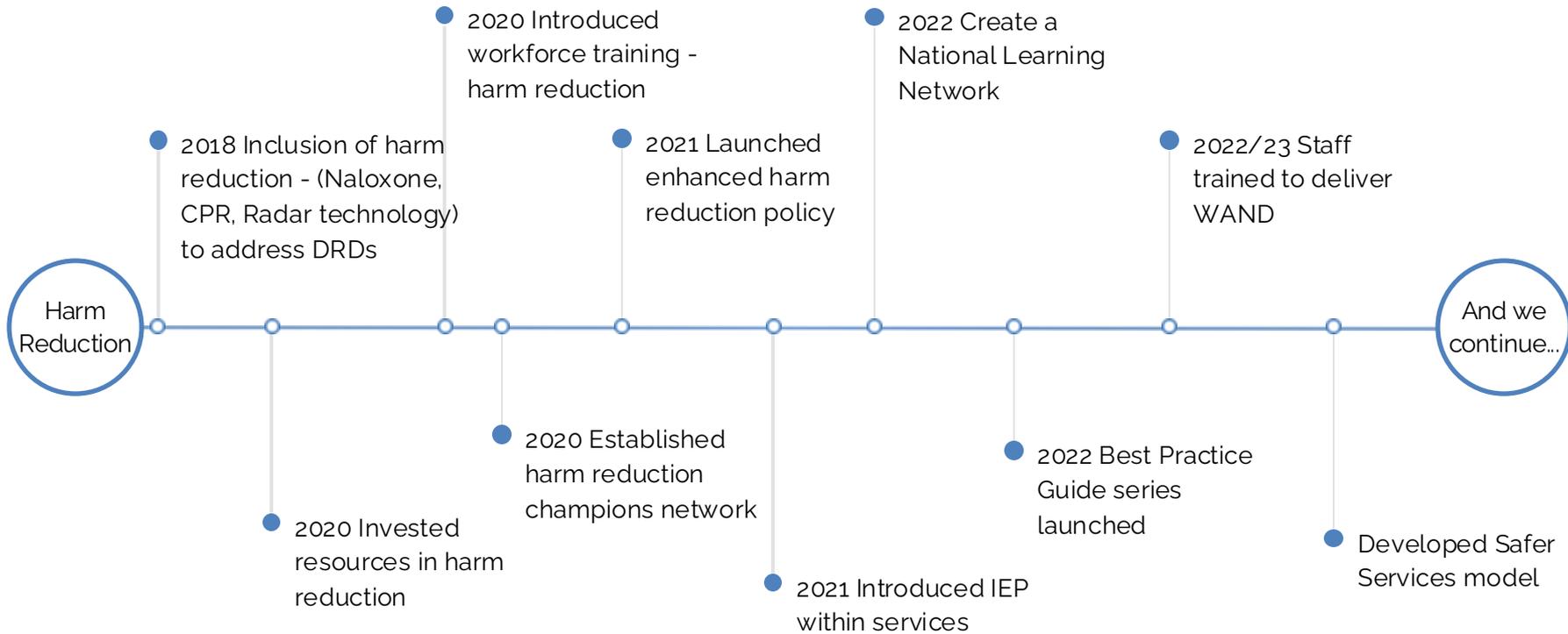


Reducing Harm - Health and Homelessness



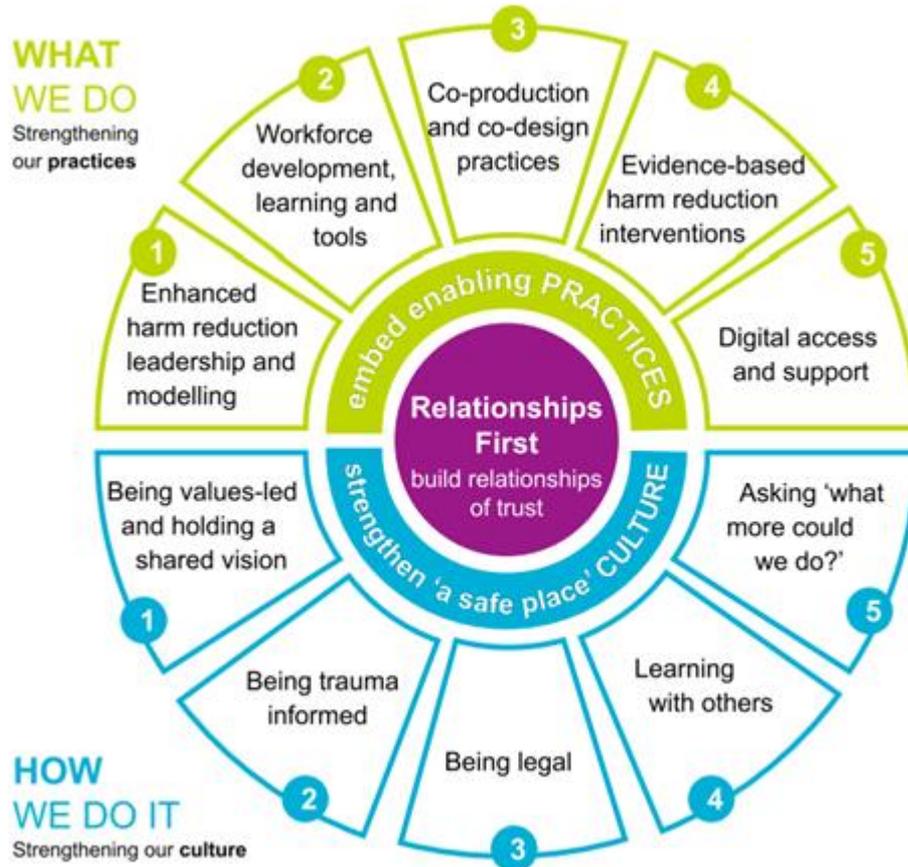
Harm Reduction in homelessness





Our Journey so far...

Safer Services The Model



Reducing Harm in Homelessness

Where are we up to, what are the opportunities and the challenges?



Lived and living experience framework

- Peer naloxone pathways - We See You
- Connect Hub group work programmes



MAT Standards and Human Rights

- Workforce development,
- National resources,
- 48 people trained REACH - 2 SVQ 7
- Charter of Rights for People that use Substances



Harm Reduction Champions Network

- National development sessions
- Champions connecting to national development work



Connect Hub

- Operational 1 year
- Development board
- Group work programmes
- Women's Health Plan
- Core partnerships within women's health, homelessness, harm reduction



Four Nations Network

- Partnership formed - reformed



By My Side

- MVP for Scotland
- Continued development
- Partnerships - DHI, DLS, ALISS, AND Digital



Gambling Harm

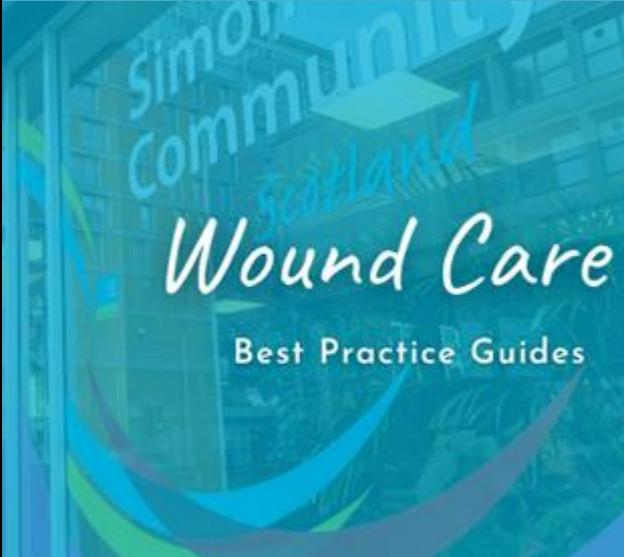
- Gendered response - Aila and Connect Hub
- Workforce development and planning
- Strategic partnerships



Aila
from a strong place

MEDICATION ASSISTED TREATMENT:

Within Homelessness - Simon Community Scotland



Wound Care

Best Practice Guides

What this can look like in practice...

- A Digital Approach to Harm Reduction

By My Side app and gendered resources

- Diabetes Programme

Awareness, screening, treatment, follow up and prevention

- Connect Hub

Designed and developed alongside 100 women to create a psychologically safe and trauma informed space

- MAT Standards and Human Rights

Embedding a human rights based approach across SCS Services

- Gambling Harm

Aila - co-produced website for women experiencing gambling harm





Thank you

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Harm Reduction in Alcohol and Other Drugs

Presenter: Sam Raven
South Australian Network of Drug and Alcohol Services



SANDAS is the peak body for non-government Alcohol and Other Drug services in South Australia

We provide advocacy
representation
expertise
workforce development
consultation
networking
connection

Session overview

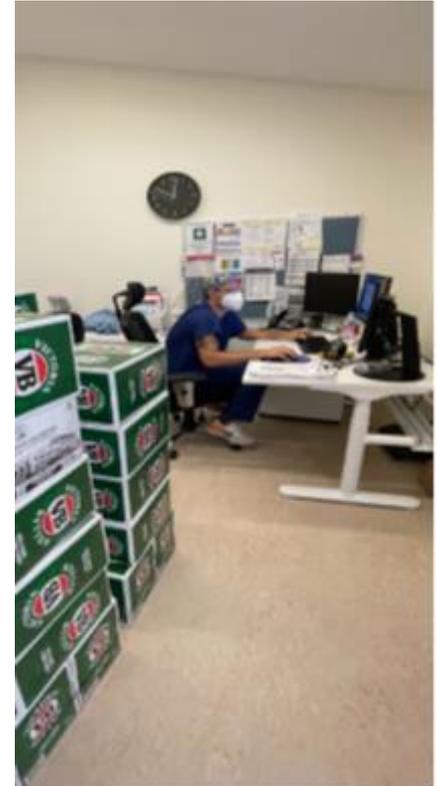
- Harm Reduction in an AOD context
- Evidence Based Interventions
- Current South Australian Models
- Barriers and Opportunities

Harm Reduction in an AOD Context

- A set of practical strategies, policies, and programs aimed at reducing the negative health, social, and legal impacts associated with drug and alcohol use — without necessarily requiring abstinence.
- **Key principles:**
 - Meeting people where they are
 - Prioritising safety and dignity
 - Evidence-based approaches

HR Interventions

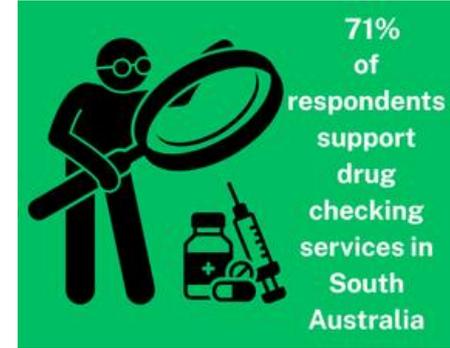
- Needle & Syringe Programs
- Opioid Agonist Therapy
- Supervised Consumption Services
- Drug Checking / Pill Testing
- Take-Home Naloxone
- Managed Alcohol Programs
- Brief Interventions
- Assertive Outreach



In South Australia

- NSP and OAT
- Take Home Naloxone
- Assertive Outreach programs
- AOD & Homelessness Program
- Managed Alcohol Programs
- Current advocacy on drug checking
- Establishment of Representative Org
for people who use drugs

**DO DRUG
USERS NEED A
VOICE?**



Barriers and Opportunities

→ Barriers

- Funding and resources – amount and commissioning models
- Workforce challenges
- STIGMA and discrimination
- Abstinence focus

→ Opportunities

- Cross-sector workforce development
- Collaborative service design that includes Lived Experience
- Dignity of Risk and Human Rights focus

Questions?

Stay in touch/learn more:

- Sam Raven – Senior Policy and Project Officer
- sam@sandas.org.au